	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 AM	STRENGTH & CONDITIONING						
7:00 AM	STRENGTH & CONDITIONING						
8:00 AM	STRENGTH & CONDITIONING						
9:00 AM						STRENGTH & CONDITIONING	
10:00 AM						STRENGTH & CONDITIONING	
11:00 AM	STRENGTH & CONDITIONING						
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM	ODEN COM LOCACE	ODEN CVM ACCESS	OPEN GYM ACCESS	OPEN GYM ACCESS	0050 000 45555	ODEN CVM ACCES	OPEN GYM ACCESS
4:00 PM	OPEN GYM ACCESS	OPEN GYM ACCESS	OPEN GTM ACCESS	UPEN GTM ACCESS	OPEN GYM ACCESS	OPEN GYM ACCESS	OPEN GTM ACCESS
5:00 PM							
6:00 PM	STRENGTH & CONDITIONING	STRENGTH & CONDITIONING	STRENGTH & CONDITIONING	STRENGTH & CONDITIONING			
7:00 PM	STRENGTH & CONDITIONING	STRENGTH & CONDITIONING	STRENGTH & CONDITIONING	STRENGTH & CONDITIONING			
8:00:00 PM & ONWARD					1		



